



**Stqarrija għall-istampa**  
**It-Tieni Seminar Internazzjonali mtella' fis-6 ta' Mejju 2022**  
**minn Happy Parenting - Malta (For Happier Children)**  
**fir-Royal Hall, AX The Palace, Sliema u onlajn**

*Kristin Cavallari qalet li peress li wara d-divorzju hi kkoperat mal-missier bi trobbija tat-tfal indaqs bejn it-tnejn, hi sabet bilanċ tajjeb f'ħajjitha.*

*Kristin iddivorzjat sentejn ilu u sabet ruħha f'sitwazzjoni imposta fuqha fejn qegħda tgawdi bilanċ perfett. Issa t-tfal qegħdin ikunu magħha ġimgħa iva u ġimgħa le. "Allura meta jkunu miegħi naqdi dmiri ta' omm, tant li lanqas biss immur l-uffiċċju. Nippreferi noqgħod id-dar, insajjar u mmur nixtri u nagħmel li hemm bżonn isir minni bħala omm."*

*"Meta mbagħad ma jkunux miegħi, jien nista' mmur L.A. jew New York jew l-uffiċċju, u anke nohroġ mal-ħbieb. U hekk insib ħin għalija nnifsi u nagħmel ix-xogħol li hemm bżonn. Allura minn dak l-aspett inħossni xxurtjata."*

**Is-seminar li tellajna fis-6 ta' Mejju fir-Royal Hall tal-AX Palace Hotel, Sliema ġabar flimkien kapijiet nazzjonali u internazzjonali, fil-qasam tat-trobbija ugwali tat-tfal, minn 26 organizzazzjoni madwar id-dinja, li kkollaboraw fi trażmissjoni diretta.**

**Koperazzjoni fit-trobbija bejn iż-żewġ ġenituri li jkunu nfirdu, iġġib saħħa fit-tfal u 'bilanċ perfett' bejn il-ġenituri nfushom li qed jisseparaw. Hu n-normal ġdid f'ħafna pajjiżi madwar id-dinja u li issa qed jasal f'Malta wkoll.**

**Happy Parenting Malta timpenja ruħha li tagħti appoġġ lil kull min hu involut f'dan il-qasam f'pajjiżna u li jista' jgħin biex tkun magħrufa din ir-realtà.**

**Aħna nfittxu li t-trobbija tkun ugwali bejn iż-żewġ ġenituri, ngħallmu kif dan jista' jseħħ u jinżamm bħala sitwazzjoni li minnha jgawdu iż-żewġ ġenituri u jiżdied il-ġid tat-tfal.**

**Ikkunttjawna fuq [HappyParentingMalta.com/seminar](http://HappyParentingMalta.com/seminar)**



Wieħed mill-apprezzamenti wasal minn Belgium/ Brussels:

‘So terrific this has happened and been organised, and awareness is being raised here. Kudos and a huge well done to all involved!’

Ken Mifsud-Bonnici, Member of the  
Legal Service at European Commission

[LinkedIn :: Ken Mifsud Bonnici](#)

Trobbija ndaqg tghin lill-ġenituri u hi ta’ benefiċċju għat-tfal

Segwi

[YahooLife! :: Kristin Cavallari says co-parenting after divorce has given her the 'perfect balance'](#)

[LinkedIn :: Andreas Wil Gerdes - 'Causing #parentalalienation in a child is on par with #physical and #sexual abuse. It is considered child #psychologicalabuse and is subsumed in DSM-5 \(V995.51\).4](#)



## Press Release

### Happy Parenting Malta's 2nd International Seminar 2022

6 May from the Royal Hall of the AX Palace Hotel, Sliema and online

*Kristin Cavallari says coparenting after divorce has given her the 'perfect balance'.*

*"I got divorced two years ago and it's sort of forced this perfect balance on me. I have my kids for a week now and then I don't have them for a week. So what I've decided to do is that when I have them, I'm mom. That's it. I really don't even go to the office when I have them because I'd rather be home prepping dinner and going to the grocery store and doing all the mom stuff," she explained.*

*"But then when I don't have them, I'm in L.A., I'm in New York, I'm at the office later, I'll see my friends. That's when I can catch up on my personal life too and do all the work I need to do. So in that sense, I'm lucky."*

**Happy Parenting Malta's 2022 Conference on 6 May 2022, organised at the Royal Hall of the AX Palace Hotel, brought together national and international coparenting thought leaders with a live transmission reaching 26 national coparenting organisations globally.**

**Coparenting is boosting children and gives many divorced or separated parents the 'perfect balance'. It is the new normal in many parts of the world, and it is starting to reach Malta.**

**Happy Parenting Malta is committed to support all involved locally to make coparenting known.**

**We are after positive coparenting, seek to teach how this can be achieved and maintained as a win-win situation for both parents leading to special benefits for the children.**

**Please reach out anytime [HappyParentingMalta.com/seminar](https://HappyParentingMalta.com/seminar)**



One of many feedbacks received came from Belgium/ Brussels:

‘So terrific this has happened and been organised, and awareness is being raised here. Kudos and a huge well done to all involved!’

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CoParenting is boosting Children,  
Empowering Women and Men,  
Included

[YahooLife! :: Kristin Cavallari says co-parenting after divorce has given her the 'perfect balance'](#)

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